

QUEENS

YELENA SHANDLEY



Yelena had competed in Russia on national level in single skating and has 25 years' experience teaching skaters of all ages and abilities in Russia, Finland and the UK.

Yelena has been inspiring skaters, whether it was their first steps, learning more advanced skills, or even competing.

She specialises in improving technique whilst developing an elegant and graceful style and will help you develop flexibility, balance and core strength to accelerating your progress on the ice.

She speaks English, Russian and Finnish.

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